

THE NEW LUNCH HOUR

Brought to you by
Kaiser Permanente



These days, the 3-martini lunch has evolved into 30 minutes of focused breathing. With Kaiser Permanente's full product selection—including PPO and POS plans with a huge network of doctors to choose from that can also include our own physicians—you can help keep your workforce healthy. We also offer Medicare and HMO deductible plans at various prices, as well as HRAs and HSAs to help you control health care dollars. And your employees will be inspired to take on healthy new habits with the help of our online and offline tools and preventive services, to keep them at their most productive. We're a single-carrier solution that gives "power lunch" a fresh, new meaning.

The traditional HMO plan and the In-Network portion of the Point-of-Service (POS) Plan is underwritten by Kaiser Foundation Health Plan, Inc. (KFHP). Kaiser Permanente Insurance Company (KPIC) underwrites the Out-of-Network portion of the POS Plan and the Dental Plans. KPIC is a subsidiary of KFHP.

THE NEW OVERTIME

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Wouldn't it be nice to hear more talk about 12-mile runs—less about 12-hour workdays? With Kaiser Permanente's full product selection—including PPO and POS plans with a huge network of doctors to choose from that can also include our own physicians—you can help keep your workforce healthy and inspired. For lower premiums, we also offer Medicare and HMO deductible plans, HRAs, and HSAs at a variety of prices. Plus, help employees get into healthy new habits with online and offline tools and preventive services to keep them at their most productive. We're a single-carrier solution that's turning work into play.

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THE NEW COFFEE BREAK

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Is something like a workout brewing in your break room? With Kaiser Permanente's full product selection—including PPO and POS plans with a huge network of doctors to choose from that can also include our own physicians—you can help keep your workforce healthy. We also offer Medicare and HMO deductible plans, HRAs, and HSAs at various prices—for significant premium savings. Plus, your workforce will be inspired to share health tips and more with our online and offline tools and preventive services that keep them at their most productive. We're a single-carrier solution that'll turn a mere 15 minutes into a healthy new habit.

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THE NEW HAPPY HOUR

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Refreshing, isn't it? More employees are ending the day with nothing stronger than bottled water. With Kaiser Permanente's full product selection—including PPO and POS plans with a huge network of doctors to choose from that can also include our own physicians—you can help keep employees healthy. We also have Medicare and HMO deductible plans, HRAs, and HSAs at various prices. Plus, you'll inspire your workforce to take on healthy new habits with online and offline tools and preventive services to keep them at their most productive. We're a single-carrier solution that makes after-hours the healthiest part of the day.

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